



Men: take charge of your health

with Marathon Health



According to the CDC, for men ages 20 and older in the U.S., heart disease and cancer are the leading causes of death, while almost 52% have high blood pressure and over 40% are obese.

Join Physician Assistant, Adam Koehler as he navigates Men's Health topics:

- Prostate Cancer
- Stroke
- Blood Pressure
- Prevention
- Register on the CMHA employee intranet
- By participating you can earn **25** wellness points

We look forward to seeing you there!

Where

CMHA

8120 Kinsman Rd.

Cleveland, Oh 44104

When

Thursday, March 20th

9:00am -10:00am

Conference Room

105/106



Schedule an appointment
Call 866-434-3255
or visit my.marathon.health

