

When to visit the ER vs. Marathon Health

Figuring out if you need emergency or urgent care can be confusing.

Going to the ER for non-life-threatening issues can mean long waits and higher costs. Use these tips to know when to visit Marathon Health instead of the ER.

Symptoms	Marathon Health	ER
Urinary tract and/or yeast infection	✓	
Minor injuries (ex: sprains and sports injuries, etc.)	✓	
Respiratory infections	✓	
Cold and flu	✓	
Stitches removal	✓	
Ear and eye infections	✓	
Rashes (ex: poison ivy, etc.)	✓	
Nausea/vomiting/diarrhea/constipation	✓	
Difficulty breathing		✗
Chest pain		✗
Major injuries (ex: broken bones, etc.)		✗
Stroke-like symptoms (ex: face drooping, limb weakness, blurred vision, slurred speech or confusion)		✗

Same-day and next-day appointments are available for immediate care needs. Save time and money by visiting your Everside Health center for non-life-threatening symptoms*.



Schedule your appointment
my.marathon.health

*Marathon Health is not equipped to treat life-threatening conditions. If you're in medical distress, please dial 911 to ensure the fastest, most appropriate response.