

Your Guide to Strive Health Programs

Strive is working with Medical Mutual to offer wrap-around services to members with a qualifying chronic renal disease. The program emphasizes home dialysis adoption, transplants, CKD and ESRD management, and total cost of care reduction. Strive Health's multidisciplinary team of care extenders is available to your qualifying patients through our partnership.

Population

Strive supports Medical Mutual patients with CKD stages 3, 4, 5, and ESRD at greatest risk for complications.

How Strive Health Supports You

Strive provides model expertise, predictive analytics, and a dedicated, multidisciplinary care team to supplement your patient care.

Our care team includes nurse practitioners, registered nurses, dietitians, care coordinators, and social workers. The Strive care team will see patients telephonically and via telehealth visits.

Launch Details

Medical Mutual began this program as part of our new clinical standards in July of 2023. Strive performs outreach to eligible members through a welcome letter in the mail, as well as phone call to get members engaged in the new additional services.

Key Programs include:

Optimal Starts

Education, access management, and transplant coordination.

Dialysis Access Management

Care coordination to facilitate proper access placement and transition to desired modality.

Quality Measure Management

Strive will manage the collection and interventions for the depression screening. Given the multi-disciplinary team, these interventions will be targeted to the specific areas of need for each patient.

Quality Programs include:

Kidney Replacement Therapy

Optimal Start patients, who:

- Receive a successful transplant.
- Start home hemodialysis with AVF or AVG or start PD.
- Start in-center hemodialysis in an outpatient setting with an AVF or AVG.
- Transition into conservative care

Depression Screening

Patients screened for depression with PHQ-9 assessment tool and prompt treatment for high scores.

Complex Patient Management

Assist in the treatment of patients with multiple complex morbid conditions.

Please reach out to your Medical Mutual representative for details on the Strive program.