Don't put off getting your flu shot

Your Everside Health Center is offering flu shots to all Everside Health members.

Flu season is around the corner, which means now is the time to get your flu shot.

• The flu shot can protect you from getting the flu, or lessens your symptoms if you get the flu

• The flu shot can prevent you from unknowingly spreading the flu to friends and loved ones

• Getting the flu shot helps keep those in your community who are unable to get the flu shot safe

Visit **eversidehealth.com** to find your local Everside Health center and schedule an appointment.

everside HEALTH™