

Resources for Parents Especially During Covid-19

American Academy of Child & Adolescent Psychiatry:

https://www.aacap.org/AACAP/Families_and_Youth/Resource_Libraries/covid-19/resources_helping_kids_parents_cope.aspx

- Information for parents about how to support the emotional and educational needs of their children.

Books about Anxiety for Kids: <https://e2epublishing.info/blog/10-best-books-anxiety>

- Check the library for these books.

Books about Death for Kids: <https://www.amazon.com/Best-Sellers-Books-Childrens-Death-Dying/zgbs/books/3125>

- This is a book list from Amazon. Remember, these books are probably available through Cleveland Public Library in either hard copy or digitally—no need to buy them.

Child Mind Institute: <https://childmind.org/coping-during-covid-19-resources-for-parents/>

- This site provides a wealth of information for parents during this difficult times. Many topics are reviewed.

Cleveland Public Library: <https://cpl.org>

- Free available videos: <https://cpl.org/booksmoviesandmore/watch/> Scroll down on this page. You will see links for Kanopy, Kanopy for kids, and Hoopla. On these sites you will find very good videos.
- Tutoring Assistance: <https://cpl.org/aboutthelibrary/subjectscollections/youth-services/kids/tutoring/>
- Online classes: These classes seem most applicable to older students and adults. <https://cpl.org/eventsclasses/online-courses/>

Drive-In Movie Theaters:

<https://www.bigscreen.com/Marquee.php?view=nearby&zip=44128&range=40&scope=all>

- Call to make sure the theater is open.

Family Activities during Covid-19: <https://coronavirus.ohio.gov/wps/portal/gov/covid-19/families-and-individuals/coping-with-covid-19-anxiety/Family-Activities-to-Try-During-Closures-COVID-19>

- A nice list of activities provided especially for those in Ohio.

Khan Academy: <https://www.khanacademy.org>

- Free online courses for kids with an emphasis on math

Twenty-Five Free Things To Do With Kids: <https://www.daveramsey.com/blog/things-to-do-with-kids>

- A list of activities broken down by age.